



# Wisconsin's Asthma Care Program

Home-Based Environmental Asthma Program

## ASTHMA CARE HOME PROGRAM CAN IMPROVE ASTHMA CONTROL

- **Free program** provides asthma self-management education and a home environmental walkthrough to people with poorly controlled asthma.
- **Includes two in-home sessions.**
- **Program goal** is to reduce missed school or work days, urgent care visits, emergency department visits, and hospitalizations due to asthma.

## ASTHMA SELF-MANAGEMENT EDUCATION

- Provided by a trained asthma educator.
- Includes topics such as:
  - Proper inhaler use
  - Asthma medications and devices
  - Early warning signs
  - Common asthma triggers
- Ensures participants have an up-to-date asthma action plan.
- Includes three and six month follow-up calls.

## WHO WOULD BENEFIT?

Anyone who struggles with asthma symptoms and has any of the following due to asthma:

- Missed school or work days
- Emergency department visits
- Hospitalizations
- Urgent care visits

## HOME ENVIRONMENTAL WALKTHROUGH

- Asthma triggers play a role in increasing the risk of an asthma attack.
- Common asthma triggers include:
  - Trained staff identify asthma triggers in the home.
  - Recommendations are provided to help reduce identified asthma triggers.
  - Free asthma trigger reduction items may be provided.



Smoke



Mold



Pet Dander



Dust Mites



Pests

## TAKE CONTROL OF YOUR ASTHMA

Contact the Asthma Care Home Program in one of the following locations:

**Sawyer County** Public Health  
715-634-4806  
jbjork@sawyerhs.hayward.wi.us

**Kenosha County** Division of Health  
262-605-6727  
lindsay.deinhammer@kenoshacounty.org

**Milwaukee County**  
Children's Hospital of Wisconsin  
414-345-7833 (cell)  
414-231-4906 (office)  
dJames@chw.org

**Rock County** Health Department  
608-757-5440  
hillary.harrie@co.rock.wi.us

For program information outside these areas, contact  
Cristine Rameker: cristine.rameker@dhs.wisconsin.gov or at 608-267-6845.

