# SLEEP BABY SAFE

## COMMUNITY SURVEY OUTREACH RESULTS SNAPSHOT (2023-24)

Engagement purpose: To learn more about reducing sleep-related infant mortality impacting black communities in Southeast Wisconsin to help inform safe sleep prevention efforts.

70 RESPONSES MILWAUKEE RESIDENTS

IDENTIFY AS BLACK Most AGES 18-34

CAREGIVERS OF INFANTS

**43%** reported not having enough income each month was a stressor. **13%** reported an inability to afford a crib or Pack 'n Play.

### **HOW BABY SLEEPS**



**55%** sleep on their back



**57%** sleep with a blanket for comfort



**35%** sleep with a pacifier for comfort

More respondents report using blankets to keep their infants warm rather than sleep sacks.

#### WHERE BABY SLEEPS



**71%** mostly sleep alone



**35%** sometimes or mostly sleep in an adult bed



29% mostly co-sleep with adults, children and/or pets

Comfort was the most mentioned priority for setting up a sleep space, followed by safety.

## SAFE SLEEP INFORMATION



**87%** prefer to receive information during pregnancy



Most received information from doctors/nurses



Many would like information from friends/doula/social worker

**29%** reported receiving mixed safe sleep messages about what is right or wrong.