

# Reflections – Pregnant Women

## Online Training Activities

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The online Oral Health for Pregnant Women training module covered experience and practice of oral health discussions with families. Experience and practice of oral health discussions with families are effective skill development strategies.

The following activities will allow you to reflect on what you have learned and practice what you might do or say in the following scenarios. There are no single correct responses to each case study.

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### ACTIVITY ONE – Case Study

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*Jane, who is pregnant, chose the goal of making a dental appointment following a discussion during your previous home visit. Today, Jane reports that she was unable to make the dental appointment because the dentist would not provide care to a pregnant woman.*

Ask yourself or discuss in a group the following questions:

1. What are some possible reasons the dentist would not see Jane?
2. What open-ended questions might you ask of Jane to gather more information?
3. What might you suggest or do to help Jane make a dental appointment?
4. Who might Jane choose to advocate for her so she can receive the needed dental care? Why?

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## ACTIVITY TWO – Case Study

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*Marie, who is pregnant, describes how she has some bleeding and her gums hurt when she brushes her teeth.*

What oral health related **strategies** might you include when helping Marie?

1. What additional questions might you ask to further understand Marie’s concerns?
2. How would you explain bleeding gums and oral health during pregnancy?
3. What might you suggest for her daily oral hygiene?

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## ACTIVITY THREE – Case Study

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*Carla, who is pregnant, reports that she wakes up in the morning with a lot of deep red blood on her pillow and her gums bleed without her even touching them.*

1. Who should Carla call to report what is happening?
2. When should Carla make the call?

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## ACTIVITY FOUR – Case Study

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*On your home visit, you notice that your pregnant client, Tanesha, has a very swollen face. You know from previous discussions, Tanesha has several very large cavities. You suspect that the swelling is from an infection of one of her teeth.*

1. What is the primary concern when dealing with dental infections?
2. What is the next step in addressing Tanesha’s immediate health need?