Join us in celebrating National Child Health Day!

Show your support #ForKidsHealth on Monday, Oct. 5

In 1928, Congress established National Child Health Day to raise awareness for the importance of children's health. We all have the power to improve the health of children in Wisconsin.

Show your support and post a photo on social media for National Child Health Day using #ForKidsHealth.

Children's Health Alliance of Wisconsin

1 **WRITE One thing you will do to improve child health.**
Use one of the ideas below or make up your own.

Ideas for individuals
- Check the local AQI
- Hug my kids
- Call my representative
- Volunteer for a local program
- Follow AAP guidelines

Ideas for groups
- Educate families
- Work to prevent injuries
- Support legislation
- Catalyze community members
- Provide quality care

2 **POSE Take a picture with your sign. Don't forget to smile!**

3 **SHARE On Oct. 5, post your photo on social media with the hashtag #ForKidsHealth.** Tag @chawisconsin, and follow throughout the day to see other child health advocates statewide.

Thank you for your partnership and support!

Follow us @chawisconsin

I will…

Children's Health Alliance of Wisconsin

#ForKidsHealth