

Newborn Nest tip sheet

Using your Newborn Nest safely

- **Place on the ground/floor.** Do not place on a table, couch, or bed. The Newborn Nest can be pushed off or fall off accidentally and hurt your baby.
- **Keep at least two feet away from heaters.** The Newborn Nest is made of cardboard and can start on fire.
- **Keep pets away.** Small pets may want to sleep with your baby. This is not safe.
- **Never put the lid on the Newborn Nest with baby inside.** Your baby needs air to breathe.
- **Do not carry the box with baby inside.** Your baby can fall out.
- **Keep the Newborn Nest dry.** If the Newborn Nest gets wet, throw it out and ask for a new one.
- **Use the Newborn Nest until your baby grows too long for it.** This may take a few months. Then move baby to a crib or Pack N Play.
- **Only use the Newborn Nest with the mattress and sheets given.**

Remember the ABCs of Safe Baby Sleep

- Babies sleep safest **ALONE**, on their **BACK**, in a **CRIB** and in **SMOKE-FREE** air
- Share the safe sleep message with everyone who cares for your baby
- Use the Newborn Nest to keep baby close
- Give baby plenty of tummy time while awake to support development and bonding