

Safe Sleep Questions

1. Do RNs on your unit talk about safe sleep with families? If so, is this done at admission or later during a stay?
2. Does your unit give out teaching sheets to **all** families with pt. less than 1 year of age? Do families only get teaching sheets if the topic comes up during a conversation with the family?
3. What safe sleep teaching sheets do you use on your unit? Do all families receive the same handout/s or does it vary according to each RN?
4. Have your staff members been provided with any training on safe sleep practices? If so, what did it look like (presentation by a safe sleep expert during a staff meeting, an email, hands-on training etc.)? Was your staff (CPs, RNs) provided with training about the “Cribs for Kids” program?
5. If a brief safe sleep video was available, would it be realistic to have all families of pt. less than 1 year of age watch it before discharge?
6. Do you have safe sleep messages posted anywhere on your unit for parents or staff members (i.e. posters in parent lounges or bathrooms, “crib cards”)?
7. If all families of pt less than 1 received a general safe sleep handout and a “toolkit” of additional materials was also available for staff to pull materials for families on an as needed basis, what types of materials would you like to see included to meet the needs of your families?
 - For example, a teaching sheet with tips for soothing a fussy baby, a teaching sheet for grandparents, a 7 minute online course for families to complete on a laptop or computer in the family lounge, a DVD, materials about “tummy time” or “sleep sacs” , scripts for staff to use to encourage families and coworkers to follow the safe sleep policy