



Training date: _____

Location: _____

ID: _____

(Middle initial + last 4 digits of phone number)

**Sleep Baby Safe
Pre-training evaluation**

	1 = Low confidence	2	3	4	5 = High confidence
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1. Rate your confidence level in talking with a parent about how to sleep their baby safely.

2. Rate your confidence level in answering questions or concerns of parents about safe sleep practices.

	1 Not at all	2 Slightly	3 Moderately	4 Very	5 Extremely
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3. How important do you believe it is to speak with families and caregivers about safe sleep practices?

4. Providers sometimes refer to the "ABCs of Safe Infant Sleep." What does ABCs stand for as it relates to safe sleep of an infant?

A. _____

B. _____

C. _____

s. _____

5. On average, about how many babies in Wisconsin die in a sleep-related death?

A. 1 baby per day

B. 1 baby per week

C. 1 baby per month

D. 1 baby per year

6. Which of the following are safe sleep options? Mark all that apply.

A. Infant swing

B. Car seat

C. Pack 'n Play®

D. Dresser drawer

E. Couch

F. Sibling's bed

Please indicate whether the statement is true or false.

7. Most sleep-related infant deaths in Wisconsin involve drugs or alcohol.

- True
 False

8. If I slept my own babies on their tummies, it is ok for me to recommend the same practice to other families.

- True
 False

9. Breast feeding an infant reduces the risk of a sudden and unexpected death.

- True
 False

10. An infant is more likely to choke if sleeping on his back.

- True
 False

11. Safe sleep practices only apply to nighttime sleep.

- True
 False
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