



Training date: _____

Location: _____

ID: _____
(Middle initial + last 4 digits of phone number)

**Sleep Baby Safe
Post-training evaluation**

1. Providers sometimes refer to the “ABCs of Safe Infant Sleep.” What does ABCs stand for as it relates to safe sleep of an infant?

- A.
- B.
- C.
- s.

2. Which of the following are safe sleep options? Mark all that apply.

- A. Pack ‘n Play®
- B. Car seat
- C. Swing
- D. Couch
- E. Dresser drawer
- F. Sibling’s bed

Please mark the circle indicating whether the statement is true or false.

- 3. Breast feeding an infant reduces the risk of a sudden and unexpected death. True False
- 4. Safe sleep practices only apply to nighttime sleep. True False
- 5. An infant is more likely to choke if sleeping on his back. True False
- 6. Most sleep-related infant deaths in Wisconsin involve drugs or alcohol. True False
- 7. If I slept my own babies on their tummies, it is ok for me to recommend the same practice to other families. True False

	1 = Low confidence	2	3	4	5 = High confidence
8. Rate your confidence level in talking with a parent about how to sleep their baby safely.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9. Rate your confidence level in answering questions or concerns of parents about safe sleep practices.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

10. On average, about how many babies in Wisconsin die in a sleep-related death?

- A. 1 baby per day
- B. 1 baby per week
- C. 1 baby per month
- D. 1 baby per year

11. Please tell us how much you agree with the following statements about the presentation.	1 Strongly disagree	2 Disagree	3 Neutral	4 Agree	5 Strongly agree
A. The content of the presentation was appropriate.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
B. The format of the presentation was appropriate.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
C. The presentation included enough detail to prepare me to talk with families about safe sleep.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

12. How useful do you anticipate the following materials to be when working with families?	1 Not useful	2	3	4	5 Very useful	N/A (e.g. have not used)
A. Presentation and PowerPoint	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
B. Role playing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
C. Safe sleep refresher notebook	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
D. Table talk sheets	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E. Burp cloth give-away	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

13. List two things you know now that you did not know before.

A.

B.

	1 Not at all	2 Slightly	3 Moderately	4 Very	5 Extremely
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14. How important do you believe it is to speak with families and caregivers about safe sleep practices?

15. What would help us improve the Sleep Baby Safe presentation?

16. What other materials do your families need related to safe sleep?

17. What additional training or resources would you appreciate?

18. Please describe your role in talking with families about safe sleep (e.g. supervisor, child care provider, home visitor, etc.).