



Newborn Nest follow-up checklist for families

Home visiting site

Eau Claire	Janesville	Madison (KinderReady)
Marathon (Start Right)	Merrill	Milwaukee
Racine	Rhinelanders	Wausau

Client name

Follow-up type

- 2 weeks
- 2 months

Section 1 Observations:

Do not ask the client these questions, instead observe the sleep environment

Where in the home is the Newborn Nest placed during the day? (mark all that apply)

Living room	Bedroom	Kitchen	Sibling's bedroom
Dining room	Basement	Outside	Other

When baby is inside the Newborn Nest, on what surface is the Newborn Nest placed? (mark all that apply)

Floor	Table or other raised, flat surface
On a couch, sofa or recliner	On a bed
Other	

What items are in the Newborn Nest? (mark all that apply)

Mattress with fitted sheet	Extra fitted sheet
Blanket(s)	Toy(s)
Book(s)	Pillow(s)
Clothes	Baby care items (e.g., diapers, wipes, etc)
Other	

Is there another safe sleep environment in the home? (select only one)

- Yes, non-portable crib
- Yes, Pack N Play
- No
- Other

If answered yes in the previous question, what items are in the other sleep environment (mark all that apply)

Mattress with fitted sheet	Extra sheet
Blanket(s)	Toy(s)
Book(s)	Pillow(s)
Clothes	Baby care items (e.g., diapers, wipes, etc)
Other	

Section 2 Open dialogue with the family:

Ask the client the following questions to engage in discussion about safe sleep

Tell me all the places you and baby normally go on a typical day? (mark all that apply)

Day care	Relative's house
Shopping	Doctor's office
WIC	Friend's house
Recreation activity (e.g., park)	
Other	

Tell me all the places your baby sleeps on a typical day? (mark all that apply)

Newborn Nest	Non-portable crib	Pack N Play	Car seat
Swing	Bouncy seat	Adult bed	Couch
Floor			
Other			

Tell me how you've been using the Newborn Nest? (mark all that apply)

Naps	Nighttime sleep	Visiting friends/relatives
Storage for baby items		
Other		

If baby is using the Newborn Nest, ask mom what she likes the most and least.

Return completed forms to your leader who will send them to Children's Health Alliance of Wisconsin at mail stop 957 or email ajcollier@chw.org