

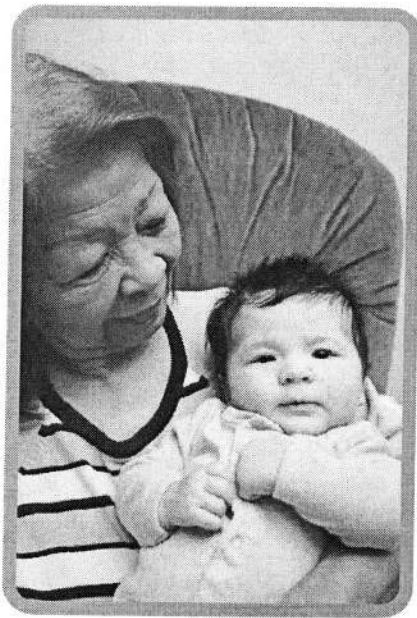
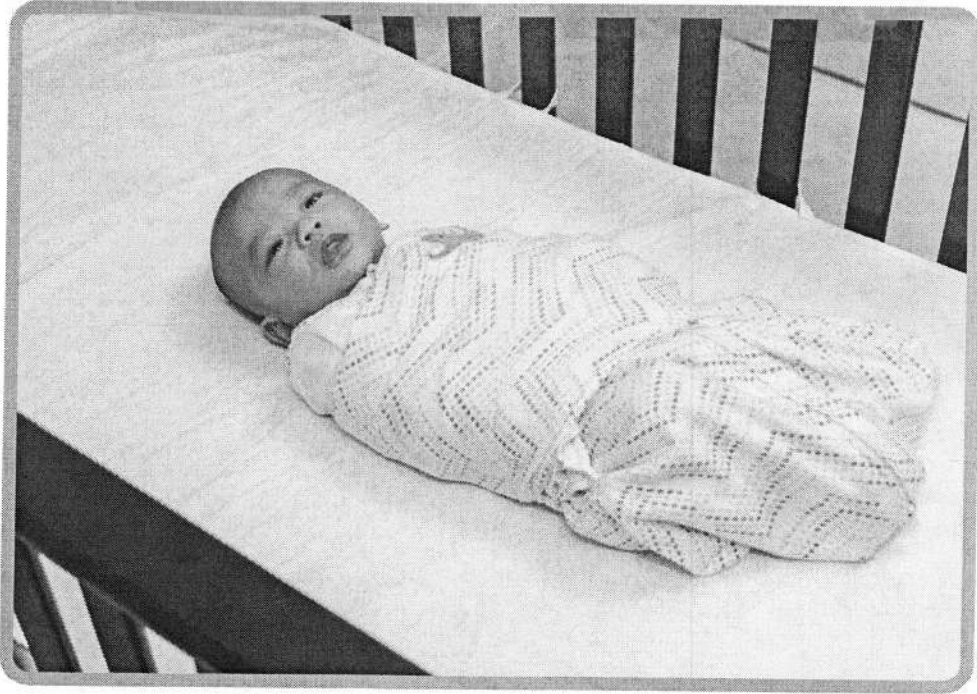


ဦးမံ မိသဉ်လၢတၢ်လၢအလီၤ တၢ်ယိၣ်တအိၣ်တၢ်အလီၣ်

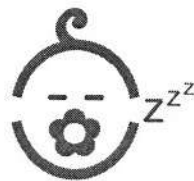
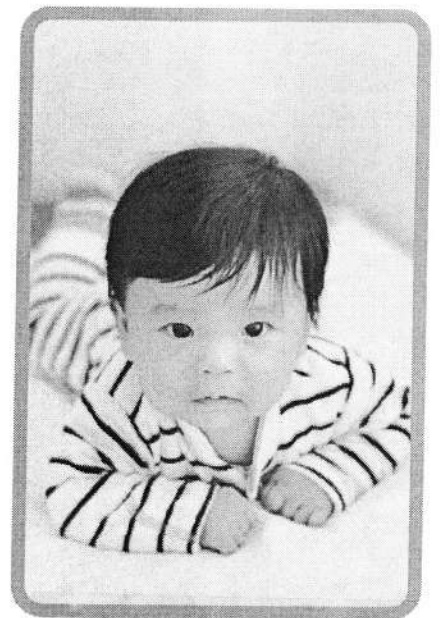
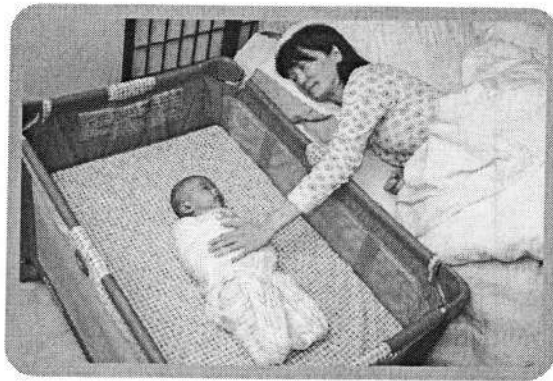


ABCS

ဦးမံအိၣ်ထဲၣ်တၢ်ဂၤ ဦးမံအိၣ်လၢ အိတိခိၣ် ဦးမံ အိၣ်လၢ ၵအကၢၢ်လီၣ်မံအပူၤ ခိးမံ အိၣ်လၢ မိၣ်ထူတနၢ် အလီၣ်



ပၣ်ဖိသဉ်လၢအဘူး



ရဲးလီၤ က့ၤတၢ်ကစီၣ်သ့ၣ်တဖၣ်လၢပုၤအဂုၤအဂၤအအိၣ်

ဖဲကျၢ်လီၤ အဆၢကတီၢ်

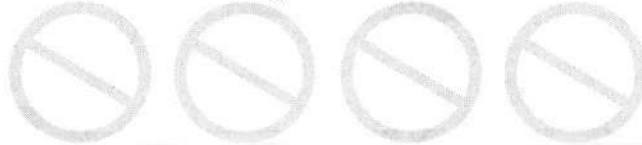
Image courtesy of the Safe to Sleep® campaign, for educational purposes only; Eunice Kennedy Shriver National Institute of Child Health and Human Development. <http://infantcare.nichd.nih.gov/SafeToSleep/> is a registered trademark of the U.S. Department of Health and Human Services.

တၢ်လီၤတၢ်ယိၣ်သ့ၣ်တၢ်မၤ

ဖိၣ်ပၢ် ၊ ဒိပုၣ်ဝဲၣ်ဒီး ပှၤအဂ့ၤအဂၤသ့ၣ်တၢ်မၤ မံၤယုၣ်တပူၤ ဃီၤလၢ်လိၣ်မံၤခိၣ်



ခိၣ်သခၢၣ် ၊ ယၣ် ၊ တၢ်ဂီၤဖိ ဒီးလိၣ်မံၤလၢ အကၢၤတြိတံၢ်ယးအဂီၢ်န့ၤ  
 ခူးမံၤအိၤ



တၢ်လၢ အကပူၣ်လူးဖိ ၊ ခိၣ်လၢအကပူၣ်လူးဖိ ၊ ခိၣ်ဖါဒီးခိၣ်လၢ  
 မံၤအိၤထီ ခိၣ်န့ၣ်သ့ၣ်တၢ်မၤန့ၤခူးမံၤအိၤ

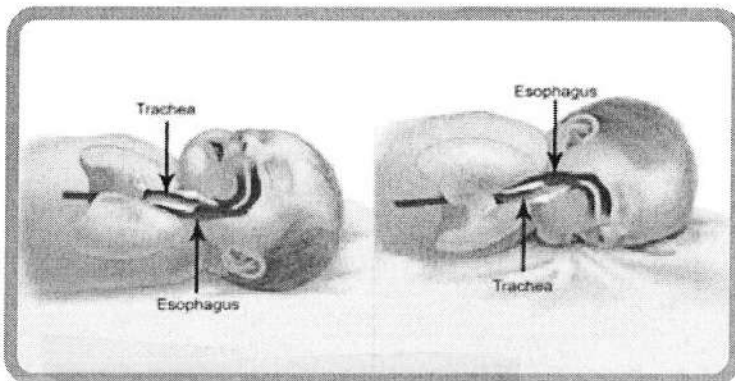
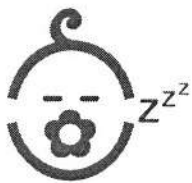


အိၣ်မိၣ်ထူလၢ ကါမူၤ ဒီးဟံၣ်ကိပူၤ



ခူးမံၤသ့ၣ်လၢ အိၣ်ထီခိၣ်န့ၤ မ့ၣ်ခၣ်တၢ်တၢ်ခါလၢ အဂ့ၤန့ၣ်ဖိသ့ၣ်လၢ အမၤစ့ၤလီၤဝဲတၢ်အိၣ်အကျိၤ

ၤလွၢဠ်န့ၣ်ပွၤအ ဠ်ယၣ်ထုထယထ



တၢ်ဂ့ၣ်ကျိၤဒီးဆၢးဝဲအံၤ ဒိဖိသ့ၣ် သ့ၣ်တၢ်မၤသံဝဲကစ့ၤလီၤအဂီၢ်(ဖိပကယံၣ်ဖိၣ်မၤသကိးတၢ်တပူၤယိ  
 ဒီးမၤဂ့ၤထီၣ်က့ၤ Wisconsion Colln အတၢ်ကျိးစၢး အဆၢအဂီၢ်န့ၣ်လီၤ.  
 ပှၤမိၣ်ခၢမိဆး ဒီးဖိသ့ၣ်တၢ်အိၣ်ဆူၣ်အိၣ်ခွဲၤလီၤခိၣ်တွဲ မၤဆၢဝဲန့ၣ်လီၤ.