

Mental Health America of WI

Suicide Prevention: There's a Place for You

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A Brief History

- National Strategy: 2001
- State Strategy: 2002
- Dedicated State Funding: 2004
- Garrett Smith Grant: 2006
- Prevent Suicide Wisconsin: 2009
- Garrett Smith Grant: 2012

A Briefer Summary

Suicide is a public health issue.

Suicide prevention happens at the community level.

Get Connected

- Find your local coalition:

www.preventsuicidewi.org

- They need you: public health begins with data.
- You need them: public health reaches into many sectors.

Prevent Suicide WI

- Suicide Facts
- Helpful Materials
- Event Calendar
- Links

Community Awareness

- Walks, Talks, QPR training.
- National Suicide Prevention Lifeline
1-800-273-TALK (8255)
- Media Strategies:
 - Safe and Effective Messaging
 - Media Guidelines
- Suzy Favor Hamilton PSAs

Access to Services

- Resource Directories
- Continuity of Care
- Public Funding
- Professional Education
 - Assessing and Managing Suicide Risk
 - Collaborative Assessment and Management of Suicidality

Treatment: EBP

- Henry Ford Health Systems: **Perfect Depression Care:**
 - Assigned all patients to suicide risk level
 - Defined interventions for each risk level
 - Trained all therapists in CBT
 - Means restriction protocols

Treatment/EBP: Cont'd

- About 200,000 covered lives.
- Expected suicide rate in population:
 - 12 per 100,000; general population
 - 230/100,00 expected in MH clinic pop.
- First four years
 - Reduced from 89 to 22
- Next two and a half years...0 suicides

Screening

- Columbia Teen Screen
 - Schools
 - Primary Care
- SOS (schools)
- Child Welfare/Juvenile Justice

Other School Programs

- Mental health and suicide prevention curricula
- Gay-straight alliances
- Sources of Strength
- Preventing Suicide: A Toolkit for High Schools

Protective Factors

- Good Behavior Game
 - Classroom management strategy in 1st and 2nd grade
 - Promotes pro-social behavior and impulse control
 - Reduces reported suicide attempts among young adults by 50%

Protective Factors

- By ages 19-21 for children at high risk:
 - Attained a high school diploma: 86% vs. 19%
 - Use of illicit drugs: 66% vs. 99%
 - Antisocial behavior: 43% vs. 80%

2010 SAMHSA Grant Program

Contact Info

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